After this exercise, you will understand the different ways in which key species sleep and eat, and how this impacts their life.

**When do I sleep?**

We have special words we use for when animals sleep and when they are awake and active.

Humans are *diurnal* meaning we sleep at night and are active during the day time.

Animals like owls are the opposite and are awake at night and sleep during the day. These animals are *nocturnal*.

Some animals are *crepuscular* - they are awake at dawn and dusk at either end of the day, and sleep during the main part of the day and the main part of the night.

**What do I eat?**

Just like a lot of people, some animals eat a range of meat and plants and we call these omnivores.

Some people are vegetarian or vegan, and those animals that don't eat any meat we call herbivores. Some animals eat only other animals, we call these animals carnivores.

**Your task**

Can you write the correct description for the sleeping and eating habit words on the next sheet, and then label each of the animal pictures below with the right words to describe their eating and sleeping habits?
When do I sleep and what do I eat?

Nocturnal means
_____________________________________

Diurnal means
_____________________________________

Crepuscular means
_____________________________________

Carnivore means
_____________________________________

Herbivore means
_____________________________________

Omnivore means
_____________________________________
When do I sleep and what do I eat?

Nocturnal means **awake at night**

Diurnal means **awake during the day**

Crepuscular means **awake at dawn and dusk**

Carnivore means **meat eater**

Herbivore means **plant eater**

Omnivore means **eats both meat and plants**

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**Beaver**
- Herbivore
- Crepuscular

**Slug**
- Herbivore
- Nocturnal

**Beaver**
- Herbivore
- Crepuscular

**Badger**
- Omnivore
- Nocturnal

**Ladybird beetle**
- Carnivore
- Diurnal

**Dragonfly**
- Carnivore
- Diurnal

**Bat**
- Carnivore
- Nocturnal

**Bat**
- Carnivore
- Nocturnal

**Deer**
- Herbivore
- Crepuscular

**Squirrel**
- Herbivore
- Diurnal

**Heron**
- Carnivore
- Diurnal

**Fox**
- Omnivore
- Nocturnal

**Swan**
- Herbivore
- Diurnal

**Rabbit**
- Herbivore
- Crepuscular